

Have fun learning and playing
with your preschooler!

First, watch
this week's
video!



Bible Story

I Can Pray To God
(Jeremiah 29:12; Matthew 6:5-13)

Remember This

"I am fearfully and
wonderfully made."
Psalm 139:14, NIV

Say This

Who made you?
God made me!

Activity

All the Feels

What You Need

Paper plates or plain paper and a marker

What You Do

Draw four different faces on plates or paper. Draw a happy face, sad face, angry face, and scared face. Show each of the faces to your family and have everyone practice making the face. Then, turn the faces over and shuffle them. Let each person have a chance to choose a face and make that face while the rest of the family guesses which face they are making. Play it again!

What You Say

"Let's look at these different faces I drew. There's a happy face. Let's all make a happy face. This one is a sad face. Can you make a sad face? Oh my! This one is an angry face. Show me your angry face. This one is a scared face. Let's all be scared together. Great job."

"Now, you choose a plate. Do not show your face to anyone. You can only show it to me if you need help. When you see the face on your plate, you will make the same face. We will try to guess what you're feeling. Okay, let's play!"

"That was super fun! Tell me, can we talk to God when we're happy? How about when we're sad? Or angry? Or scared? Yes! We can talk to God anytime, anywhere, about anything! God wants to talk to you because He made you. **Who made you? God made me.**"

Prayer

"Dear God, it's such a big idea to think that the God who made everything wants to hear from people, but it's true. You really do want us to talk to You. And because You are God, You can hear us talk to You anytime, anywhere, about anything! That is so awesome! Thank You for loving us like You do, God. We love You. In Jesus' name, amen."

Indescribable: Your Creator has No Limits



Use this guide to help your family learn how God made us to be creative.

First, watch
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Creativity:
Imagining what
you could do
because you
were made in
God's image.

Memory Verse

"Lord, you are great. You are really worthy of praise. No one can completely understand how great you are."
Psalm 145:3, NIV

Bible Story

Four Friends
Who Helped
(Mark 2:1-12)

Bottom Line

God created you to work with others.

Activity

Mitt Madness

What You Need

Oven mitts or thick gloves; and any of the following: marker with cap, sheet of paper, coin, scissors, book, candy or gum in the wrapper

What You Do

Gather the supplies. Find a hard surface (like the floor or a table) and spread out the items.

Tell your child that it's time to play a game. Say, "Here are some oven mitts to wear. You'll have a challenge to do all on your own, without taking off the mitts. Ready?"

Here are some challenges to consider depending on your supplies:

- Take the cap off the marker
- Pick up the sheet of paper without sliding it
- Spin the coin on the table/floor
- Cut out a circle from the sheet of paper
- Turn to page (##) in the book
- Unwrap the candy/gum

Then, say, "How many of those were you able to do on your own? Let's try them again. But this time, I'll help you."

This time around, help your child complete each challenge.

Talk about the Bible Story

When the four men arrived with their hurting friend, they couldn't see Jesus. How did they work together to solve that problem? (*They lowered their friend through the roof.*)

That's a pretty creative strategy, isn't it? Then what happened? (*Jesus healed their friend.*)

Just like we discovered in our activity today, sometimes we don't have the skills to do certain things on our own. Have you ever worked together with a friend to do something? How did it feel?

As a family, let's think of a way we could work together to help someone in need. Let's brainstorm a plan and make it happen together. You know why? Because God created us to work together with others.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You for putting people in our lives who can help us. Alone, we can only do so much. But when we combine our skills and our creativity with other people's creativity, we can do so much more! Help us to remember to look for ways we can work together. We love You! Amen."

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Key Question

How can working with others make you more creative?

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Then, say, "How many of those were you able to do on your own? Let's try them again. This time, I'll help you. But I can only use one hand. Let's be creative and get these challenges done together." This time around, with only one hand, help your child complete each challenge.

Talk about the Bible Story

When the four men arrived with their hurting friend, they couldn't see Jesus. How did they work together to solve that problem? (*They lowered their friend through the roof.*)

That's a pretty creative strategy, isn't it? Then what happened? (*Jesus healed their friend.*)

Just like we discovered in our activity today, sometimes we don't have the skills to do certain things on our own. Have you ever worked together with a friend to do something? How did it feel?

Is there a person, organization, or cause that you'd like to help? Let's think together how you can use your creativity to support them.

As a family, let's think of a way we could work together to help someone in need. Let's brainstorm a plan and make it happen together. You know why? Because God created us to work together with others.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You for putting people in our lives who can help us. Alone, we can only do so much. But when we combine our skills and our creativity with other people's creativity, we can do so much more! Help us to remember to look for ways we can work together. We love You! Amen."